

A Kid's Guide

Guide

to tip-top teeth

Colgate

Oral Health Month



Brush your teeth
twice a day.



Spit, don't rinse,
after brushing.



Visit your
dentist regularly.

Here's something
to get your teeth into



www.colgateohm.co.uk

Smile Maze

Can you find the
path which leads
to a healthy smile?



Colgate